

British Club Active Living Section

Lunch Presentation: “Using Online Banking and QR Codes for Payments with Confidence: A practical hands-on workshop”

Chairperson’s Introduction of the Speaker:

Good afternoon everyone. I trust that you enjoyed today’s lunch and now a very warm welcome to our Active Living Section presentation.

It is good to see so many familiar faces here today, together with a number of people joining us for the first time. We are delighted that you are with us.

Let me begin with a question. How many of us have ever looked at a message on our phone, a LINE notification, a banking app, or some new piece of technology and thought, “What on earth am I supposed to do with that?”

Technology is moving at an astonishing pace. Smartphones, online banking, QR payments, online security, and facial recognition technology, are rapidly becoming part of everyday life, whether we welcome them or not.

For many people, the challenge is not a lack of willingness to learn, but simply having someone who can explain things clearly and give us the confidence to use this technology.

Our speaker today is someone who has made exactly that his mission. Since 2021, GAP has been helping older adults in Thailand navigate an increasingly digital world through YoungHappy, the organisation he founded. What began as a relatively small initiative has grown into a nationwide community of more than 50,000 members, helping people remain active, engaged, informed, and connected.

This afternoon, together with his colleagues Khun Kanthitha and Khun Phiraphimphat, he will share practical insights, useful advice, and answer many of the questions that we have all been meaning to ask.

Please join me in giving a very warm ALS welcome to GAP.